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# EXPERIENCE OF NURSING STUDENTS IN LEARNING BASIC CLINICAL PRACTICES: A PHENOMENOLOGICAL STUDY

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#### **ABSTRACT**

Clinical learning is best given serious attention and good preparation. Such attention and preparation is needed because clinical learning provides opportunities for students to work with clients and learn real problems. This research uses a qualitative method with a phenomenological approach that focuses on the learning experience of Nursing Students of Universitas Advent Indonesia. The selection of this phenomenological approach is used because the method focuses on perceived experiences. Data analysis using phenomenological procedures according to Colaizzi. Researchers found thirteen themes of experience, namely the experience of students in undergoing Clinical Practice Learning at RSA, Detailed explanation of experiences when following clinical practice, feelings during practice at RSA, positive aspects felt, problems or obstacles that arise, Causes of problems that occur, Efforts made to overcome these problems, Relationships with fellow students during practice in Clinic. The experience of learning through practice in clinics and hospitals is very important for nurses. Practice supported by good theories will produce nurses who are critical, dexterous, and have a sincere heart to serve patients everywhere. With the experience of martial arts also students will gain the skills needed to treat patients

**KEYWORDS** Nursing student; clinical; learning



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#### **INTRODUCTION**

Clinical learning is best given serious attention and good preparation. Such attention and preparation is needed because clinical learning provides opportunities for students to work with clients and learn real problems (Elfi Syahreni, 2011).

The nursing profession at this time is faced with various kinds of obstacles, one of which is in terms of developing the nursing profession (Elfy Syahreni & Waluyanti, 2007). To produce a nurse who has knowledge and applies it in nursing care it is necessary to direct education and nursing science (Lestari et al., 2019).

Health workers are experiencing developments including nursing personnel which is one of the priorities and the largest manpower in the health worker

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development program in Indonesia (Rahman et al., 2022). That's why students must have practices that are structured in such a way as to have a good experience later when actually working in the field (Situmorang, 2021) (Kemenkes, 2013). Therefore, the nursing profession, clinical supervisor or commonly referred to as preceptor is one that can affect the learning process (Prastiwi et al., 2020).

In every process of training activities nursing students sometimes experience obstacles because students are not allowed to conduct examinations directly to patients for certain reasons that causing students to not have enough experience when practicing in the field (Widyastuti, 2015).

Students need to know the ability to think critically when facing patients (Indriarini et al., 2019). This ability cannot be obtained only by the process of learning theory, but can be obtained during the practical process (Erita, 2017). Open only in the can, students need to be skilled in dealing with patients (Amar, 2019).

#### RESEARCH METHOD

This research uses a qualitative method with a phenomenological approach that focuses on the learning experience of Nursing Students of Universitas Advent Indonesia. The selection of this phenomenological approach is used because the method focuses on perceived experiences. Data analysis using phenomenological procedures according to Colaizzi.

#### RESULTS AND DISCUSSION

Researchers found thirteen themes of experience, namely the experience of students in undergoing Clinical Practice Learning at RSA, Detailed explanation of experiences when following clinical practice, feelings during practice at RSA, positive aspects felt, problems or obstacles that arise, Causes of problems that occur, Efforts made to overcome these problems, Relationships with fellow students during practice in Klini, student relationship with lecturers during practice, Relationship with hospital senior nurses, Relationship with patients in the hospital, Satisfied things when practicing in the clinic, Advice and input for the Institution where the practice is placed (Madarina et al., 2017).

#### Student Experience In Practicing In Clinics And Adventist Hospitals Bandung.

The first thing that UNAI students ask is their overall experience in undergoing the learning process through practice. Their opinions are:

"Very happy, initially feeling the fear because what I had in mind was that when I went down to the ward there would be things that I didn't want to happen, but it didn't exist and all went on a roll even though there was a kenadala still passable." (P6).

"initially very nervous, which was originally just Exercises with mannequin dolls are now practiced to humans, very happy to finally be able to perform Actions on the patient although, still be anxious in case something happens outside the control." (P7).

## A detailed description of the experience when following the practice of clinics and hospitals.

The author also asks in detail how the experience when practicing in hospitals and clinics, because there are many small things that are actually very useful when handling patients but are not known by many nurses (Munib Arrohmah et al., 2017). Their explanation is as follows:

"Any action my nurse told me to do.

can help his patients. perform the action smoothly no sense of awkwardness"(P1)

"There was a morning devotional briefing. instructed by the nurses to see the response from the patient's room who is in need of something pressing the bell, a vital sign action." (P5)"Can further hone the skill of measuring intake output calculations for pregnant women to take care of children"(P7).

#### Feelings of Practice at RSA and Clinics.

Knowing the feelings of nursing students is also very necessary because if when handling patients have bad feelings, it will overwhelm the treatment process (Hapsari et al., 2017). The feelings of UNAI nursing students during practice are as follows:

"There's a sense of tension of fear if it's wrong in the patient. It's great to finally be able to practice and we're finally on the field." (P2)."

"Very happy to be able to perform nursing actions, communicate effectively chat about the patient's feelings of patient complaints, help our patients to meet what they need" (P5).

#### **Positive Aspects That Are Felt During Practice.**

There are many aspects that can be learned while practicing. The author sees that an important aspect that can be taken from the practical experience is the positive aspect.

The opinions of UNAI nursing students regarding the positive aspects during practice are as follows:

"the social has to be expanded again, more mature to be able to Compile words with patients. continued to be rich in knowledge so before I could only do it in the lab finally I was able to actually do it to patients more knowledge. "(P2).

"Never before has the practice gone down in mental preparation, the material aspect of being more independent we are more independent we can adjust to doing good things that person is also good with us being more independent is richer in discipline we have to know the risks of being more disciplined in respecting others." (P4).

"A lot of knowledge adds a lot of new experiences. We are not used to being able to directly talk to the patient or with the patient's family to be trained for good communication with the patient or the patient's family." (P6).

#### Problems or obstacles that arise during practice.

Knowing the problems that occur during practice is very important for nurses, so that when handling patients nurses are more critical and dexterous, especially avoiding small mistakes. The problems or obstacles that arise during practice according to UNAI nursing students are as follows:

"Every patient is different family or patient is different. not all rich patients are happy in this act on him"

there are patients who are not being treated by family students who are too ignorant of their patients ignorant of not obeying." (P1).

"Not all patients want to take action from us, want it from our seniors. it's the first time we've come down and we're also sometimes confused so like to stay at the nursing station more often." (P2).

"We don't understand, are less prepared to carry out medical procedures, we are not mentally prepared materially unprepared our confidence is reduced." (P5)

#### Causes of Problems or Obstacles Arise during Practice.

Knowing the cause of the problem or obstacle that occurs is an important part of the practice process as well (Amin, 2022). The opinions of UNAI students regarding the causes of problems or obstacles occur are as follows:

"The lack of trust of senior nurses to us patients is also still the level of trust in us not as much as those who have worked." (P2).

"We don't learn enough to be afraid to ask my brother2 or kaka2 who are senior ashamed to ask." (P5).

#### Efforts made to overcome Problems or Obstacles that Arise During Practice.

Nurses should also know what kind of effort will be made to overcome problems or obstacles during practice. The efforts made to overcome problems or obstacles during the practice of UNAI nursing students are as follows:

"You have to be more active, for example, there is a ringing of the bell we go straight away, if there is a prasad we can do it ourselves if you are rich in prasad, including having to be watched, we call the nurse so that the patient is also more trusting so it is impossible to be careless like that." (P2)

"Preparing myself to study before going to the hospital, learning more about what we're going to do and always asking questions and being confident." (P5).

#### Relationships with fellow UNAI Nursing Students during Practice.

Knowing the relationship between learners during practice is very important. If there are obstacles that occur and in winning patients, nurse cooperation is very necessary to cover each other's work. Thus, patients can be timely handled, whatever the opinions of UNAI students regarding student relationships are as follows:

"Our close relationship is for each other to share knowledge for each other's opinions if there is a prasad so that we share each other so rich both share and go it is equally mutually beneficial." (P2).

"Good enough. when I don't get enough information or want to ask about something there's a response to what I don't know from my friend." (P5).

#### Relationship of UNAI Nursing Students with Lecturers during Practice.

The relationship between students and faculty is also used as an experience for the evaluation of nurses who will become teaching staff. The opinions of UNAI nursing students regarding student relations with lecturers are as follows:

"Okay. if 'we want to ask or we don't really understand it, we can ask the lecturer or the lecturer's CI or the CI in the hospital also explains." (P5).

"Okay. there's also a problem with mam grace as a CI that's fierce but what's natural is that she's good at wanting to do it as long as we also know what she's asking." (P7).

"There are various things that really check all the tasks until they read them, some of them don't just ask not to check the book." (P8).

#### UNAI Nursing Student's Relationship with Senior Nurses at the Same time.

The relationship with senior nurses is a factor that affects the future of nursing students, because of the time in the field senior nurses who guide nursing students when handling patients. The opinions of UNAI nursing students during practice are as follows:

"Good enough. in my experience the senior nurse was briefing the students and directing about what we were going to do." (P5).

"Attentive to students carrying out clinical duties." (P9).

#### The Relationship of UNAI Nursing Students with Patients during Practice.

The last relationship is very important in building that is the relationship between the nurse and the patient. A good relationship between the nurse and the patient will generate trust between the nurse and the patient so that if there is an action the nurse will already do it as well as the patient will receive every treatment that is done with a happy heart. Any opinion of UNAI nursing students regarding the relationship between nursing students and patients is as follows:

"Some patients must be very welcome, they understand oh this

their students understand that we are rich in learning, but there are also some patients who are not very welcome to take action if there are no nurses who are rich seniors." (P2).

"It's also nice that we can share richer communication, especially if it's in the Sundanese area, yes, we are more connected to the communication." (P4).

#### Things That Make UNAI Nursing Students Satisfied During Practice.

The things that make students satisfied are as follows:

"I am very satisfied. I became aware and became confident and knew the situation about the material we learned during lectures we can practice in the hospital well" (P5).

"Satisfied is only on the one hand not satisfied because we can only enter the pediatric or maternity of the same ward while the one who hears from the high level that has been practicing in the buoy we can not enter the OR to everything." (7).

#### Suggestions and input for institutions where practice.

The author did not find any suggestions or input to the Institution where the nursing students of S1 UNAI.

#### **CONCLUSION**

The experience of learning through practice in clinics and hospitals is very important for nurses. Practice supported by good theories will produce nurses who are critical, dexterous, and have a sincere heart to serve patients everywhere. With the experience of martial arts also students will gain the skills needed to treat patients

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