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Author for correspondence: Lyna M.N. Hutapea E-mail: lynhutapea@unai.edu

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Student Synergy in Community Stage Field Practice and Cadre Collaboration Against Tuberculosis: Puskesmas Karyawangi Village-West Bandung

¹Lyna M.N. Hutapea

¹Universitas Advent Indonesia, Bandung

Tuberculosis is an aerosol infectious disease caused by Mycobacterium tuberculosis. WHO estimated that there are 10.6 million individuals in the world suffering from TB disease in 2021; reversing the downward trend that had occurred slowly over the previous years. The global TB mortality rate in 2021, with an estimate of 1.6 million people, has also increased compared to 1.4 and 1.5 million deaths in 2019 and 2020. Therefore, the problem of TB disease needs to be of concern to all parties, including nurses. One of the things community nurses can do is provide health education to the community to prevent the increasing number of TB sufferers. The aim of this final scientific work is to examine the factors that increase the risk of TB in the people of Karyawangi Village, Parongpong District, West Bandung Regency and to provide community nursing interventions according to the problems found. Based on the results of interviews and observations conducted on 40 families from RW 7, 9, 12 and 14; it was found that 92.5% of families lacked knowledge about TB, 87.5% of families had at least 1 member who smoked cigarettes at home, 62.5% of families did not regularly open the windows of the house, and 55% of families did not regularly consume vegetables and fruit. Based on these findings, health education was carried out with the aim of inviting residents to know about TB and practice healthy & clean living which can help prevent TB disease.

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1. Introduction

Germs are a part of human daily life that can be found externally or in the environment, as well as internally or in the human body itself (CDC, 2016). Many germs in our body live without causing disturbances, and some of them even have functions that can help us stay healthy. Only a few germs are known and proven to cause disease problems, namely infections. Infectious diseases themselves can be interpreted as diseases whose cause is a pathogen or its toxic products, which occurs due to transmission that can come from infected people or animals, as well as contaminated inanimate objects; to a vulnerable host (van Seventer & Hochberg, 2016). Infectious diseases have a negative impact on the health and economy of the world's people, especially on vulnerable populations. Lower respiratory tract infections, diarrhea, HIV/AIDS, malaria, and tuberculosis; is an infectious disease that is included in the main cause of mortality in the world.

Tuberculosis (often abbreviated as TB or TB) is an infectious disease with the bacterium Mycobacterium tuberculosis as the cause (Pralambang & Setiawan, 2021). TB bacteria can spread from TB people to other people through the air when people cough, talk, or sing. When a person with TB sneezes or coughs, he or she will release sputum droplets or nuclei that are very small in size and contain TB bacteria. Its small size makes it easy for it to float in the air and then be inhaled by the people around it. When people have a good immune system, inhaled TB bacteria will be made in a sleeping state. With dormant or latent TB bacteria, the person will have no symptoms and cannot transmit it to others around them. This is the opposite if an individual infected with TB bacteria or a latent TB patient has weak or decreased immunity, then the TB bacteria can become active.

It is estimated that there are more than 2 billion people infected with TB (Sun et al., 2020). Of the 2 billion individuals, most or about 90% of them have controlled TB or latent TB infection (ILTB). Then, about 10% of people with ILTB will subsequently develop active TB which is generally related to the individual's age status and/or immune status. Data from (WHO, 2022), shows that in 2021 there are an estimated 10.6 million individuals in the world suffering from TB disease, up 4.5% from 10.1 million individuals in the previous year, reversing the slow downward trend over the previous years. The 8 countries (in %) responsible for two-thirds of the world's total TB cases are: India (28), Indonesia (9.2), China (7.4), the Philippines (7), Pakistan (5.8), Nigeria (4.4), Bangladesh (3.6), and the Democratic Republic of the Congo (2.9).

Based on the information above, Indonesia occupies the 2nd position as the country with the highest number of TB patients on a global scale. The incidence of TB in Indonesia itself in 2021 is estimated at 969,000 people or 354 people per 100,000 population, and as many as 22,000

individuals or 8.1 per 100,00 population for TB-HIV cases (Ministry of Health of the Republic of Indonesia, 2023). Just like the global situation, the incidence of TB in Indonesia experienced an increasing trend in 2020-2021. Meanwhile, deaths due to TB are estimated to be 144,000 people or 52 per 100,000 population, and 6,500 individuals or 2.4 per 100,000 population for deaths from TB-HIV. In 2019, TB ranked 5th from the top in the category of the highest cause of death in Indonesia (WHO, 2023).

Summing up the information above that TB disease is one of the deadly diseases and the incidence of TB is increasing, TB disease needs to be the concern of all parties, including nurses. Nurses in the community can provide education to the community so that the number of TB patients does not increase. This is considering that nurses who in carrying out their functions have various roles, one of which is as an educator. Nurses must be able to provide health education that can be aimed at as a preventive, promotive, curative, or rehabilitative form (Astari et al., 2022).

Data collection carried out by Nursing Profession students program Advent University Of Indonesia in several RWs (Rukun Warga) in Employeegi Village that have a risk for TB transmission, shows that residents' knowledge about TB itself and its prevention is still lacking. The results of this finding prompted the author to compile a scientific paper entitled Student Synergy of Community Stage Field Practice and Collaboration of Cadres Against Tuberculosis: Puskesmas (Pusat Kesahatan Masyarakat) Employeegi-West Bandung Village.

2. Method

According to the results of interviews with Parongpong Health Center officers, the number of clients who seek treatment for Tuberculosis has increased compared to the previous year. The health center hopes that this number can decrease in the future. After going through orientation and briefing by the Health Center, Students of Nurse Profession program Advent University of Indonesia were given the task of studying factors that can increase the risk of TB disease in the community and providing nursing interventions for health problems found. The following is an explanation of community nursing care that has been carried out in more depth.

Preparation Stage

The eight students were placed in Employeegi Village, which is one of the work areas of the Parongpong Health Center. Students are instructed to form small groups of 2 members each; So that from Students of the proffession class, 4 groups were formed. Students are not asked to study all the residents of Employeegi Village; but on a representative basis. Each group was assigned to one RW and asked to study 10 houses (considered at risk of Tuberculosis) located around the homes of TB clients who were treated at the Parongpong Health Center. The RWs in Employeegi Village that are the land for student duty: RW 7, RW 9, RW 12, and RW 14.

Implementation Stage

Before entering the field, the students were given a number that could be contacted by the head of the RW and/or the Village Community Empowerment Cadre (KPMD, Kantor Pemberdayaan Masyarakat dan Desa). The number is used so that each group can contact the RW or KPMD chairman where they are assigned. Furthermore, each group met with the Chairman of RW and KPMD to get to know each other, explain the purpose of their arrival, and explain their follow-up plans in the future.

Review

1. Number of Houses Studied Per RW

| Table 1. Homes Studied | Table | 1. | Homes | Studied |
|------------------------|-------|----|-------|---------|
|------------------------|-------|----|-------|---------|

| RW | Sum |
|-------|----------|
| 7 | 10 |
| 9 | 10 |
| 12 | 10 |
| 14 | 10 |
| Total | 40 homes |

The data in table 1. shows that the number of houses studied in Employeegi Village RW 7, 9, 12, and 14 are 10 houses, 10 houses, 10 houses, and 10 houses, respectively. Thus, in total, there are 40 houses studied in this community nursing care activity.

2. Number of Family Members in a Home

Table 2. Number of Individuals Per House

| House | RW 7 | RW 9 | RW 12 | RW 14 |
|-------|------|------|-------|-------|
| 1 | 5 | 4 | 4 | 4 |
| 2 | 4 | 4 | 4 | 2 |
| 3 | 4 | 5 | 3 | 2 |
| 4 | 3 | 5 | 5 | 2 |
| 5 | 2 | 3 | 2 | 2 |
| 6 | 4 | 4 | 2 | 5 |
| 7 | 3 | 2 | 2 | 4 |
| 8 | 3 | 2 | 2 | 3 |
| 9 | 2 | 2 | 2 | 4 |

| 10 | 3 | 2 | 2 | 2 | | |
|-------|----------------|----|----|----|--|--|
| Sum | 33 | 33 | 28 | 30 | | |
| Total | 124 Individual | | | | | |

The data in table 2. showed that there were 124 individuals from a total of 40 houses studied. In more detail, there are 33 people out of 10 houses studied in RW 7, 33 people for RW 9, 28 people for RW 12, and 30 people for RW 14.

3. Distribution of Citizens' Gender

| RW | Man | Woman | Sum |
|----------------------|----------|----------|------------|
| 7 | 15 | 18 | 33 |
| 9 | 17 | 16 | 33 |
| 12 | 14 | 14 | 28 |
| 14 | 12 | 18 | 30 |
| Totals & percentages | 58 (47%) | 66 (53%) | 124 (100%) |

Table 3. Gender

The data in table 3. showed that the majority of residents included in the study were female (66 people or 53%) and the remaining 58 people (47%) had male gender.

| Age | RW 7 | RW 9 | RW 12 | RW 14 | Sum | Percentage |
|--------------------|------|------|-------|-------|-----|------------|
| <6 years | 1 | 1 | 1 | 4 | 7 | 5.6% |
| 6-12 years | 8 | 4 | 2 | 3 | 17 | 13.7% |
| 13-18 years old | 2 | 3 | 1 | 3 | 9 | 7.3% |
| 19-40 years old | 12 | 14 | 12 | 10 | 48 | 38.7% |
| 41-65 years old | 9 | 9 | 10 | 6 | 34 | 27.4% |
| >65 years | 1 | 2 | 2 | 4 | 9 | 7.3% |
| Total | 33 | 33 | 28 | 30 | 124 | 100% |

4. Age Distribution of Citizens

Table 4. Age of Residents

The data in table 4. showed that the majority of the residents of Employeegi Village studied were those aged 19-40 years with a total of 48 people (38.7%), followed by residents aged 41-65 years old who amounted to 34 people (27.4%), residents aged 6-12 years who amounted to 17 people (13.7%), residents aged 13-18 years and those aged >65 years who

each amounted to 9 people (7.3%), and finally residents aged <6 years who amounted to 7 people (5.6%).

| Education | RW 7 | RW 9 | RW 12 | RW 14 | Sum | Percentage |
|--------------------|------|------|-------|-------|-----|------------|
| Hasn't Attended | 1 | 2 | 1 | 6 | 10 | 906 |
| School | 1 | 2 | I | 0 | 10 | 0 70 |
| Hasn't Graduated | | | | | | |
| From Elementary | 6 | 3 | 1 | 2 | 12 | 9.7% |
| School | | | | | | |
| Elementary School | 19 | 3 | 5 | 15 | 42 | 33.9% |
| Junior High School | 3 | 13 | 9 | 5 | 30 | 24.2% |
| Senior High School | 4 | 11 | 8 | 2 | 25 | 20.2% |
| D3 | 0 | 1 | 1 | 0 | 2 | 1.6% |
| D4 | 0 | 0 | 3 | 0 | 3 | 2.4% |
| Total | 33 | 33 | 28 | 30 | 124 | 100% |

5. Distribution of Citizens' Last Education

Table 5. Education Level

Data in table 5. showed that most of the residents of Employeegi Village who were studied had the last elementary education as many as 42 people (33.9%), followed by the last junior high school education as many as 30 people (24.2%), the last high school education as many as 20.2%, the education that is still elementary school as many as 12 people (9.7%), the unschooled as many as 10 people (8%), the last education of D4 as many as 3 people (2.4%), and finally the last education of D3 as many as 2 people (1.6%).

6. Distribution of Citizen Jobs

| 1 | | | | | - | |
|--------------|------|------|-------|-------|-----|------------|
| Work | RW 7 | RW 9 | RW 12 | RW 14 | Sum | Percentage |
| Not working | 11 | 13 | 13 | 13 | 50 | 40.3% |
| Students | 11 | 7 | 4 | 6 | 28 | 22.6% |
| Farmer | 8 | 6 | 6 | 9 | 29 | 23.4% |
| Breeder | 1 | 1 | 0 | 0 | 2 | 1.6% |
| Entrepreneur | 2 | 4 | 3 | 2 | 11 | 8.9% |
| Employee | 0 | 2 | 2 | 0 | 4 | 3.2% |
| Total | 33 | 33 | 28 | 30 | 124 | 100% |

Table 6. Job Field

The data in table 6. showed that the majority of the residents of Employeegi Village who were studied did not work (including housewives, preschool children, the elderly) with a total of 50 people (40.3%), then those who worked as farmers (including rice farmers,

garden farmers) totaled 29 people (23.4%), students totaled 28 people (22.6%), entrepreneurs (including traders, tailors) totaled 11 people (8.9%), employees of certain companies totaling 4 people (3.2%), and finally breeders totaling 2 people (1.6%).

| Income | RW 7 | RW 9 | RW 12 | RW 14 | Sum | Percentage |
|---------|------|------|-------|-------|-----|------------|
| Daily | 7 | 8 | 5 | 11 | 31 | 67.4% |
| Weekly | 0 | 1 | 4 | 0 | 5 | 10.9% |
| Monthly | 4 | 4 | 2 | 0 | 10 | 21.7% |
| Total | 11 | 13 | 11 | 11 | 46 | 100% |

7. Income of Working Citizens

| Гable 7 | '. Types | of Income |
|---------|----------|-----------|

The data in table 7. shows that the number of residents of Employeegi Village who work as a whole is 46 people (37.1%). Most of these workers get daily wages paid by 31 people (67.4%). Others get weekly wages for 5 people (10.9%) and monthly for 10 people (21.7%).

8. Citizen Health Status

| Health | RW 7 | RW 9 | RW 12 | RW 14 | Sum | Percentage |
|---------|------|------|-------|-------|-----|------------|
| Healthy | 29 | 31 | 24 | 25 | 109 | 87.9% |
| Sick | 4 | 2 | 4 | 5 | 15 | 12.1% |
| Total | 33 | 33 | 28 | 30 | 124 | 100% |

The data in table 8. showed that the majority of the residents of Employeegi Village studied were in good health or disease-free with a total of 109 people (87.9%). Some of the population, namely 15 people (12.1%); are sick or have certain diseases.

9. Diseases of Sick Residents Today

Table 9. Current Illness

| Disease | RW 7 | RW 9 | RW 12 | RW 14 | Sum |
|---------------|------|------|-------|-------|-----|
| Hipertensi | 3 | 1 | 1 | 2 | 7 |
| DM | 0 | 0 | 0 | 2 | 2 |
| ISPA | 0 | 4 | 0 | 0 | 4 |
| Typhus | 0 | 0 | 1 | 0 | 1 |
| Stroke | 0 | 0 | 0 | 1 | 1 |
| Муоріс | 0 | 1 | 0 | 1 | 2 |
| Osteoartritis | 0 | 0 | 0 | 1 | 1 |

| Physical | 1 | 0 | 0 | 0 | 1 |
|------------|---|---|---|---|---|
| disability | | | | | |

The data in table 9. showed that the diseases suffered by the 15 residents of Employeegi Village who were studied varied, ranging from acute to chronic diseases. The most common disease is hypertension with a total of 7 patients, followed by respiratory tract infections with a total of 4 patients, diabetes mellitus & myopia suffered by 2 people each, and typhus, stroke, osteoarthritis, and physical disabilities all experienced by 1 person each. Please note that there are some people who suffer from more than one disease.

10. Health Facilities Visited by Families if Sick

| | DUIO | D11/40 | | | | | |
|---|------|--------|--|--|--|--|--|
| Table 10. Destination Health Facilities When Sick | | | | | | | |

| Health Facilities | RW 7 | RW 9 | RW 12 | RW 14 | Sum |
|-------------------|------|------|-------|-------|-----|
| Phc | 10 | 10 | 10 | 9 | 39 |
| Doctor's Clinic | 2 | 0 | 0 | 1 | 3 |
| Hospital | 0 | 0 | 0 | 2 | 2 |
| Village midwife's | 0 | 0 | 0 | 4 | 4 |
| house | | | | | |

Data in table 10. showing the health facilities that the family visited when they were sick; Some families mentioned 2 health facilities. 39 families/homes answered that the health center is their goal to seek treatment when sick. Some families also mentioned that doctors' clinics (3 people), hospitals (2 people), and village midwives' homes (4 people) are their other options to visit when they are sick.

11. Individual Citizen Hygiene

Table 11. Hygienic Ability

| Higiene | RW 7 | RW 9 | RW 12 | RW 14 | Sum | Percentage |
|-------------|------|------|-------|-------|-----|------------|
| Independent | 29 | 30 | 26 | 24 | 109 | 87.9% |
| Assisted | 4 | 3 | 2 | 6 | 15 | 12.1% |
| Total | 33 | 33 | 28 | 30 | 124 | 100% |

The data in table 11. showed that most of the residents of Employeegi Village were 109 people (87.9%), able to carry out personal hygiene activities independently or without the help of others. Another 15 people (12.1%) needed partial or full assistance to meet hygiene needs. These people include young children and the elderly.

| Table 12. Home Window | Table | 12. Home | Window |
|-----------------------|-------|----------|--------|
|-----------------------|-------|----------|--------|

| Window | RW 7 | RW 9 | RW 12 | RW 14 | Sum | Percentage |
|--------|------|------|-------|-------|-----|------------|
| Exist | 6 | 8 | 9 | 8 | 31 | 77.5% |
| None | 4 | 2 | 1 | 2 | 9 | 22.5% |
| Total | 10 | 10 | 10 | 10 | 40 | 100% |

Data in table 12. showed that most of the houses of the residents of Employeegi Village, namely 31 houses (77.5%), had windows that could be opened. The rest or 9 houses (22.5%) do not have windows or have windows but cannot be opened.

13. Habits of Opening Windows or Doors of the House

Table 13. Routine of Opening a Window or Door

| Opening the Window | RW 7 | RW 9 | RW 12 | RW 14 | Sum | Percentage |
|--------------------------|------|------|-------|-------|-----|------------|
| Routine | 4 | 3 | 4 | 4 | 15 | 37.5% |
| Not routine | 6 | 7 | 6 | 6 | 25 | 62.5% |
| Total | 10 | 10 | 10 | 10 | 40 | 100% |

The data are in table 13. showed that of the 40 houses of Employeegi Village residents studied, 25 houses (62.5%) did not have the habit of opening the windows of the house every day (including houses that did not have windows or houses that had windows that could not be opened) and on the contrary, 15 houses (37.5%) had this habit.

14. General Consumption Patterns

Table 14. General Diet

| Diet | RW 7 | RW 9 | RW 12 | RW 14 | Sum | Percentage |
|------------|------|------|-------|-------|-----|------------|
| Balanced | 4 | 5 | 5 | 4 | 18 | 45% |
| Unbalanced | 6 | 5 | 5 | 6 | 22 | 55% |
| Total | 10 | 10 | 10 | 10 | 40 | 100% |

The data are in table 14. showed that 18 families (45%) of the Employeegi Village studied had consumption patterns that could be said to be generally balanced. Meanwhile, the

other 22 families (55%), in general, can be said to have an unbalanced diet (regularly consuming carbohydrate and protein sources, but rarely eating vegetables and fruits).

15. Smoking Behavior in Residents

| Smoke | RW 7 | RW 9 | RW 12 | RW 14 | Sum | Percentage |
|-------|------|------|-------|-------|-----|------------|
| Yes | 9 | 9 | 10 | 7 | 35 | 87.5% |
| No | 1 | 1 | 0 | 3 | 5 | 12.5% |
| Total | 10 | 10 | 10 | 10 | 40 | 100% |

Table 15. Smoking Habits

The data are in table 15. showing a picture of the smoking activities of the residents of Employeegi Village that were studied. Although there were only 38 individuals out of 124 residents surveyed who used to smoke every day, in fact in 35 families/households (87.5%) had at least 1 family member who had smoking behavior at home; which can make other family members become passive smokers. In 5 families (12.5%) no member smoked.

16. Basic Knowledge about Tuberculosis

Table 16. Tuberculosis Knowledge

| Knowledge | RW 7 | RW 9 | RW 12 | RW 14 | Sum | Percentage |
|----------------|------|------|-------|-------|-----|------------|
| Know | 0 | 1 | 2 | 0 | 3 | 7.5% |
| Little Knowing | 10 | 9 | 8 | 10 | 37 | 92.5% |
| Total | 10 | 10 | 10 | 10 | 40 | 100% |

The data in table 16. showing an overview of the basic/general knowledge of families in Employeegi Village who are studied about TB. This data was obtained by asking what basic information the family knew about TB disease. The results showed that most of the families, namely 37 families (92.5%), lacked knowledge about TB, and there were 3 families (7.5%) who knew enough about TB disease.

17. Analyzes Data

| Table | 17. | Data | Ana | lysis |
|-------|-----|------|-----|-------|
|-------|-----|------|-----|-------|

| Subjective Data | Objective Data Problem | | |
|----------------------------|--------------------------|--------------------------|--|
| 1. 39 families/homes from | 1. There were 9 houses | The TB knowledge deficit | |
| 40 families (97.5%) said | (22.5%) that had no | in the residents of | |
| that the health center was | windows or had windows | Employeegi Village is | |
| their destination for | but could not be opened. | related to the lack of | |

| | treatment when they were | 2. | Apart from t | the fa | amily's | exposure to TB disease |
|----|----------------------------|----|------------------|---------|---------|-----------------------------|
| | sick. | | statement | that | they | information and its |
| 2. | 25 families (62.5%) said | | routinely/do | | not | prevention is evidenced by |
| | they do not regularly open | | routinely o | open | the | a lack of understanding of |
| | their windows every day | | windows or d | doors | of the | TB disease and healthy |
| | (including homes without | | house every of | day, n | nost of | behavior in the majority of |
| | windows as well as homes | | the resident | ts' l | houses | residents. |
| | with windows that can or | | appear to h | nave | closed | |
| | cannot be opened). | | windows, cu | irtains | s, and | |
| 3. | 35 families (87.5%) said | | doors; So that | at fre | sh air | |
| | they had a family member | | and sunlight f | from o | outside | |
| | who smoked every day at | | are difficult to | o enter | r. | |
| | home. | | | | | |
| 4. | 37 families (92.5%) said | | | | | |
| | they knew less about | | | | | |
| | tuberculosis. | | | | | |
| 5. | Based on residents' | | | | | |
| | statements about the food | | | | | |
| | groups they consume | | | | | |
| | daily, it can be concluded | | | | | |
| | that 22 families (55%) | | | | | |
| | have an unbalanced diet. | | | | | |

Nursing Diagnosis

The TB knowledge deficit in the residents of Employeegi Village is related to the lack of exposure to TB disease information and its prevention is evidenced by a lack of understanding of TB disease and healthy behavior in the majority of residents.

Community Nursing Practice Activities

The following is a description of community nursing practice activities by Nurse Profession students program Advent University of Indonesia in Employeegi Village:

- First week, an assessment of 10 families/houses around the homes of tuberculosis clients who were treated at the Parongpong Health Center in RW 7, 9, 12, and 14 Employeegi Village was carried out while still participating in health center activities such as posyandu (Pos Layanan Terpadu) services in certain village RWs, screening activities and immunization programs at schools, and also including services at the health center itself.
- 2. Second week, complete the assessment and tabulating of data to get an overview of information about residents' health & hygiene patterns and find out if there are problems

in residents related to factors that increase the risk of tuberculosis.

- 3. The third week, from the problems found, together with lecturers and supervisors from the health center, a community nursing follow-up plan was determined, namely health counseling with the topic of getting to know TB disease and a healthy & clean lifestyle to prevent TB.
- 4. The fourth week, the needs of counseling activities (counseling materials, location, logistics, consumption, events) were prepared. Supervisors of Community-Family Nursing stations, supervisors from health centers, RW heads, cadres, and residents were invited to participate in counseling activities.
- 5. The fifth week, health counseling activities about TB by Nurse Profession class University Indonesia.

Community Nursing Intervention Plan

| Nursing | Intervention | Implementation | Indicator | Outcome | Time |
|------------------|--------------|------------------|--------------------|----------------|--------|
| Diagnosis | | | | Criteria | |
| The deficit of | Health | 1. Collaborate | 1. The | 1. The | Friday |
| tuberculosis | education | with RW | collaboration | counseling | |
| knowledge in | | leaders, | went well. | went | |
| the residents of | | cadres, and | 2. 2 students are | smoothly. | |
| Employeegi | | residents | willing to be | 2. Invitations | |
| Village is | | themselves to | resource | can be | |
| related to lack | | participate in | persons and | present at the | |
| of exposure to | | counseling | attend the | counseling. | |
| TB disease | | activities. | event. | 3. Residents | |
| information | | 2. Collaboration | 3. Invitations can | can get to | |
| and its | | with 2 | attend | know TB | |
| prevention is | | students to | counseling. | disease and | |
| evidenced by a | | become | 1. Residents | ТВ | |
| lack of | | counseling | listened to the | prevention | |
| understanding | | resource | material | through a | |
| of TB disease | | persons. | presented, so | healthy and | |
| and healthy | | 3. The | that they could | clean | |
| behavior in the | | counseling | get to know TB | lifestyle. | |
| majority of | | was held at the | disease and TB | 1. Residents | |
| residents. | | Employeegi | prevention | provided | |
| | | Village Hall | through a | questions | |
| | | which is close | healthy and | and answers | |
| | | to the | clean lifestyle. | to questions | |

Table 18. Nursing Plan

| Parongpong | asked about | |
|--------------------|-------------|--|
| Health Center, | counseling | |
| quite close to | materials. | |
| the | | |
| Indonesian | | |
| Adventist | | |
| University, and | | |
| its location is | | |
| familiar to | | |
| residents. | | |
| 1. Materials to be | | |
| presented: | | |
| basic | | |
| information | | |
| on TB disease | | |
| and lifestyle to | | |
| prevent TB. | | |

Implementation of Community Nursing Care

| Table 19. Nursing Imp | plementation |
|-----------------------|--------------|
|-----------------------|--------------|

| Nursing | Activities | Time and | Participants | Executive | Obstacles | Solution |
|-----------------|------------------|----------------|--------------|------------|-----------|--------------|
| Diagnosis | | Place | | | | |
| The deficit of | 1. Foreword from | Friday, at the | Residents of | Nurse | 1. At | 1. Participa |
| tuberculosis | the chief | Employeegi | RW 7, 9, 12, | Profession | 16.00, | nts who |
| knowledge in | executive and | Village Hall | and 14 | Students | the | have |
| the residents | supervisor | | Employeegi | Class D | particip | arrived |
| of Employeegi | from the health | | Village that | class of | ants | on time |
| Village is | center to | | have been | 2023 | were | are given |
| related to lack | reaffirm the | | studied | Adventist | still | food & |
| of exposure to | purpose of the | | previously | University | quiet; | drinks |
| TB disease | series of | | | Indonesia | causing | and |
| information | activities that | | | | the | leaflets in |
| and its | have been | | | | event to | advance |
| prevention is | carried out | | | | be | so that |
| evidenced by | (study) and | | | | postpo | they can |
| a lack of | activities to be | | | | ned for | be |
| understandin | carried out | | | | 30 | consume |
| g of TB | (counseling). | | | | minute | d and |
| disease and | 2. Health | | | | s. | read |
| healthy | counseling by 2 | | | | 2. The | while |
| behavior in | students of | | | | counsel | waiting |
| the majority | Adventist | | | | ing | for the |
| of residents. | University | | | | activity | event to |
| | Indonesia, with | | | | consist | start. |

| the topics | | ed of 2 | 2. In |
|-------------------|---|----------|------------|
| "Getting to | | separat | between |
| Know | | e | the first |
| Tuberculosis" | | present | and |
| and "Healthy & | | ations | second |
| Clean Living to | | with | presentat |
| Prevent | | differen | ions, the |
| Tuberculosis." | | t topics | organizer |
| 3. Providing time | | and | gave time |
| for residents | | speaker | for |
| who have | | S. | participa |
| questions to | | making | nts to ask |
| ask. also | | particip | questions |
| providing | | ants | and also |
| questions for | | possibl | gave |
| residents to see | | y bored | prizes so |
| if the material | | y serea | that there |
| is delivered | | | was a 2- |
| well | | | way |
| 4 Provide | | | interactio |
| conclusions | | | n and |
| and additional | | | narticina |
| information to | | | nts |
| close namely | | | hecame |
| to maintain | | | more |
| nersonal health | | | excited |
| and hygiene as | | | This was |
| well as the | | | also done |
| environment | | | after the |
| not stigmatize | | | nresentat |
| TR disease and | | | ion of the |
| independently | | | second |
| to check | | | topic |
| vourcolf at the | | | topic. |
| boolth contor if | | | |
| there are signs | | | |
| and sumptoms | | | |
| and symptoms | | | |
| contact with | | | |
| activo TP | | | |
| active IB | | | |
| have travel- | | | |
| to places with | | | |
| to places with | | | |
| nign TB cases. | 1 | | |

Community Nursing Care Evaluation

| Nursing | Strength | Weakness | Opportunity | Threatened |
|-----------------------|--------------------|-----------------|----------------------|------------------|
| Diagnosis | | | | |
| The deficit of | 1. Health | Not all invited | 1. There are cadres | There is no cure |
| tuberculosis | counseling | residents | and RW chairmen | for ILTB |
| knowledge in the | activities seem to | attended the | who are ready to | condition. |
| residents of | be going well. | health | help their citizens, | |
| Employeegi Village | 2. Residents | counseling | including those | |
| is related to lack of | answered | event. | who are sick. | |
| exposure to TB | questions and | | 2. The health center | |
| disease | also gave | | opens its doors for | |
| information and its | questions about | | residents who | |
| prevention is | the material that | | want to check | |
| evidenced by a | had been | | themselves and | |
| lack of | brought. | | provides free OAT | |
| understanding of | | | for those who are | |
| TB disease and | | | confirmed to have | |
| healthy behavior | | | TB disease. | |
| in the majority of | | | | |
| residents. | | | | |

Table 20. Nursing Evaluation

3. Result and Discussion

Review

Through the study, positive and negative factors related to health disorders and community resources can be identified so that strategies aimed at promoting health can be designed. Methods used for community studies include interviews, surveys, environmental observations, specific group discussions, and document studies. The study was conducted on 40 families/houses in RW 7, 9, 12, and 14 Employeegi Village using the interview method.

In conducting interviews with residents, the author and his fellow authors encountered factors that have an influence on the data collection process, both supporting and inhibiting factors. For supporting factors, the author found that the friendliness and willingness to help provide the necessary information from the RW chairman, cadres, and the village community itself; making the community assessment process comfortable and smooth.

As for the inhibiting factors, one of the obstacles experienced when conducting the assessment process is the incompatibility of data collection time with citizen activities. Students had visited residents' homes several times while their residents were working or resting, making the study of the family unable to be carried out or postponed.

Diagnosis

Community/community health issues can be raised through health status assessments, data on other factors (social, environmental) that have a relationship with health, evaluation results of community ability to solve health problems, or priority setting & interventions. Community nursing diagnosis can be actual, risky, or health promotional. The information that the author has obtained through the review stage, is tabulated so that it is easier for the author to identify the problems that exist in the residents of Employeegi Village and determine the appropriate nursing diagnosis. The community nursing diagnosis established by the author is health promotional.

Planning

In this third step, nursing actions are planned which can be promotive, preventive, curative, rehabilitative, or resocialitative; which applies as primary, secondary, or tertiary prevention. Because as mentioned above, the nursing diagnosis raised is health promotional, the students of the Nurse Profession Program Advent University of Indonesia also plan to provide nursing actions in the form of health counseling, which is a nursing intervention in the form of promotive and secondary prevention. The health education content that will be presented is based on the health problems found.

In this planning process, the teaching lecturers and supervisors of the health center always help guide the students in preparing for the health counseling activities that will be carried out, which of course is a supporting factor for this stage. On the other hand, determining the right place and time for health counseling is an inhibiting factor experienced. Because residents come from different RWs, health counseling implementers need to think about places that are familiar and easy to reach by invitees. The first planned place is the parking lot of the Parongpong Health Center. However, after discussing with the puskesmas (Pusat Keshatan Masyarakat) supervisor, it was known that holding health counseling in the parking lot of the puskesmas seemed to be less conducive. Another place that is sought and will eventually be used is the Parongpong Village Hall which is located close to the health center. For the time factor, the implementer needs to consider the time of the implementation of the counseling event with the time of residents' activities and rest. The implementing party also decided to hold a health counseling activity on Friday, with the consideration that during the afternoon – evening period on Friday residents have free time or are not doing activities after leaving Friday prayers (considering that the majority of residents are Muslims).

Implementation

In the implementation stage, the previously formed plan is realized by community nurses. In the implementation of community nursing actions, nurses collaborate with other health workers such as health centers, village cadres, village midwives, RW & RT (Rukun Tetangga) chairmen, and the community. The health counseling event was attended by the invitation of residents, the health center, teaching lecturers, and the organizing committee itself. The event began with remarks by the chief executive and the health center. There were 2 presentations entitled "Getting to Know Tuberculosis" and "Healthy & Clean Living to Prevent Tuberculosis," which were presented by 2 students from the implementing party themselves. Each presentation ended with the speaker giving prizes to the participants and a question and answer session which was assisted by the teaching lecturer and the health center, which at this time the participants actively participated. The health center gave a conclusion based on the two materials that had been presented.

Evaluation

This last step includes measuring the success of the nursing process and intervention. One method that can be applied in writing an evaluation is to use the SOAP or SWOT model (Swarjana, 2016), which is used by the author. The community nursing care process carried out by Nurse Profession Students Program Advent University of Indonesia ran smoothly from assessment to implementation. Although the implementation of health education could not be attended by all residents (24 residents out of a target of 30 people), health counseling activities went well thanks to the performance and support of all parties involved. Participants of the counseling event listened carefully to both presentations and were able to answer the questions given and ask questions about the newly presented material.

4. Conclusion

The community nursing practice that has been carried out by the eight students of the Nurse Profession Program Advent University of Indonesia provides experience to practice nursing care on a community scale, especially in providing community nursing care to residents with factors that increase the risk of tuberculosis. In more detail, this community nursing practice provides students with experience in assessing communities at risk of TB, analyzing the results of assessments and establishing nursing diagnoses for communities at risk of TB, making nursing action plans and implementing them to communities at risk of TB, evaluating communities at risk of TB that have been given nursing interventions, and documenting nursing care that has been carried out to communities at risk of TB.

Through an assessment of 40 families from RW 7, 9, 12, and 14 Employeegi Village, Parongpong District, West Bandung Regency; The authors and colleagues found that the health problem of lack of TB knowledge was evidenced by a lack of understanding of TB disease and healthy behavior in the majority of the population (smoking, rarely consuming vegetables, poor ventilation of the house). Based on this problem, the students of the Nurse Profession Program Advent University of Indonesia plan health counseling activities, with the students themselves being the implementers and collaborating with teaching lecturers from the campus, land supervisors from the health center, and residents of Employeegi Village. The health counseling activity is expected to increase information and knowledge of residents about TB disease and its prevention.

From the results of the above research, the following suggestions can be done in the future, among others, it is hoped that the community can remember, practice, and disseminate the material that has been taught for the benefit of themselves and others. Cadres and RW chairmen must always play an active role in supporting the health of residents. Puskesmas are expected to routinely go to the community to monitor the health of residents and provide resources for examination and treatment for those with suspected tuberculosis, and active TB. Teaching lecturers must keep up with the latest community nursing trends and issues in order to teach, discuss, and apply them with students. Nursing students must use the experience of community nursing practice as learning, maintaining strengths, and correcting shortcomings during the community nursing care process in order to become reliable professional nurses in the future.

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